

Gymnastics Programs



Recreational Classes

Our gymnastic program offers an opportunity for girls to learn new skills and master new challenges in a safe, fun, and educational setting with trained, certified staff.

We are so happy to announce that we have two new permanent gymnastics coaches this year! Olivia McPherson and Victoria Juniet both are Girls Inc. of Meriden gymnastics alum, are USAG safety certified, and both look forward to sharing their love of gymnastics with their students.

Monday



Beginner
No experience necessary

Ages: 5 - 8

Time: 5:00-5:50pm

Fee: \$70

Tuesday

Beginner
No experience necessary

Ages: 8 & Up

Time: 5:00-5:50pm

Fee: \$70

Thursday

Intermediate

Must have at least 2 years of gymnastic experience.
Gymnasts will be evaluated by the coaching staff to determine level placement. Invite only.

Ages: 8 & Up

Time: 5:00-5:50pm

Fee: \$70



Saturday

Beginner
No experience necessary

Ages: 5 - 8

Time: 9:00-9:50am

Fee: \$70

Tiny Tumblers

Ages: 3 & 4

Time: 10:00-10:30am

Fee: \$70

Beginner
No experience necessary

Ages: 8 & Up

Time: 10:40-11:30am

Fee: \$70

Intermediate

Must have at least 2 years of gymnastic experience.
Gymnasts will be evaluated by the coaching staff to determine level placement. Invite only.

Ages: 8 & Up

Time: 11:40am-12:30pm

Fee: \$70

Gymnastics Programs

Competitive Team

We are proud to offer girls the opportunity to participate in competitive gymnastics. We have a long standing tradition in competitive gymnastics and awesome coaching staff to help the girls reach their greatest potential. We compete in AAU, which gives our gymnasts a higher level and more gyms to compete with.

BRONZE LEVEL

Team Fee: \$250

Age: 6 & up

By evaluation only. Will compete in most meets during the competitive season.

Practice is 5.5 hours a week:

- Monday & Wednesday
6:00 - 8:00pm
- Saturdays
12:30 - 2:00pm



SILVER, GOLD, AND PLATINUM LEVELS

Team Fee: \$275

Age: 6 & up

By evaluation only. Includes home and away meets through the competitive season.

Practice is 6 hours a week:

- Tuesdays & Thursdays
6:00 - 8:00pm
- Saturdays
1:00 - 3:00pm



The Rotary Club of Meriden is a proud supporter of the Girls Inc. gymnastics program. Thank you!



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