

# Gymnastics Programs



## Recreational Classes

Our gymnastic program offers an opportunity for girls to learn new skills and master new challenges in a safe, fun, and educational setting with trained, certified staff.

### Monday



**Beginner**  
No experience necessary

**Ages:** 5 - 7

**Time:** 5:00-5:50pm

**Fee:** \$70

### Tuesday

**Beginner**  
No experience necessary

**Ages:** 8 & Up

**Time:** 5:00-5:50pm

**Fee:** \$70

### Thursday

**Intermediate**

Must have at least 2 years of gymnastic experience.  
Gymnasts will be evaluated by the coaching staff to determine level placement. Invite only.

**Ages:** 8 & Up

**Time:** 5:00-5:50pm

**Fee:** \$70



### Saturday

**Beginner**  
No experience necessary

**Ages:** 5 - 7

**Time:** 9:00-9:50am

**Fee:** \$70

**Tiny Tumblers**

**Ages:** 3 & 4

**Time:** 10:00-10:30am

**Fee:** \$60

**Beginner**  
No experience necessary

**Ages:** 8 & Up

**Time:** 10:40-11:30am

**Fee:** \$70

**Intermediate**

Must have at least 2 years of gymnastic experience.  
Gymnasts will be evaluated by the coaching staff to determine level placement. Invite only.

**Ages:** 8 & Up

**Time:** 11:40am-12:30pm

**Fee:** \$70

# Gymnastics Programs

## Competitive Team

We are proud to offer girls the opportunity to participate in competitive gymnastics. We have a long standing tradition in competitive gymnastics and awesome coaching staff to help the girls reach their greatest potential. We compete in AAU, which gives our gymnasts a higher level and more gyms to compete with.

### BRONZE LEVEL

Team Fee: \$250

Age: 6 & up

By evaluation only. Will compete in most meets during the competitive season.

Practice is 5.5 hours a week:

- Monday & Wednesday  
6:00 - 8:00pm
- Saturdays  
12:30 - 2:00pm



### SILVER, GOLD, AND PLATINUM LEVELS

Team Fee: \$275

Age: 6 & up

By evaluation only. Includes home and away meets through the competitive season.

Practice is 6 hours a week:

- Tuesdays & Thursdays  
6:00 - 8:00pm
- Saturdays  
1:00 - 3:00pm



The Rotary Club of Meriden is a proud supporter of the Girls Inc. gymnastics program. Thank you!



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